

**Alexandria City Public Schools  
SCHOOL HEALTH ADVISORY BOARD  
MINUTES**

**April 12, 2018 4:00 – 5:30 PM**

**Location: Inova Alexandria Short Stay Surgery Conference Room**

**Call to Order**

Called to order at 4:08.

**Members Present:** Deborah Bowers, Freddi Brubaker, Robyn Douglas, Michael Humphreys, Rachel Mendelson, Charles Sumpter, Vivek Sinha, Barbara Nowak, and Charles Lewis.

**Adoption of Meeting Agenda**

M. Humphreys made the motion, seconded by D. Bowers, unanimously adopted.

**Approval of Meeting Minutes**

V. Sinha made the motion, seconded by D. Bower, December and February minutes were unanimously approved.

**Communications and Addresses to the Advisory Committee**

There were no community members at the meeting.

C. Sumpter provided information ADH Community Health Assessment KickOff on 4/26.

**Old Business and Action Items**

C. Sumpter requested nominations for Chairman and will ask for a vote at the next meeting.

**New Business and Reports**

Board members reviewed the Scope of Work and the End of Year Report for 2016-2017

Health Access: Outreach continues with information fliers and PHK letters.

School-Based Health: Teen Wellness Center and WOW Bus programs continue.

BMI: Report data has been sent to the AHD and the BMI report will be reviewed at the May meeting.

Physical Activity: M. Humphreys presented a report on the status of physical activity in the schools. See attached report.

2020 Strategic Plan: The group felt there needed to be improvement in KPIs for health. The board will discuss the KPIs at the May meeting and attempt to make recommendations to assist in additional measures of student health. School Nutrition reported that they have completed a student survey for secondary schools on food services. They will be using the student data to improve services. They are especially looking at decreasing wait times in line for food by the implementation of four mobile carts at the high school.

YRBS: Clint Page presented the YRBS findings at the December meeting.

FLE Curriculum: M. Humphreys will invite stake holders in the FLE education process to the May meeting to discuss the current status.

Policies and Guidelines:

The board has decided to schedule policy review to be completed every three years and as needed. B. Nowak will bring the list of policies related to health care and their last date of review to the May meeting.

The School Board requested a Review the Medication Administration policy JHCD. B. Nowak reported that the required changes according to the Virginia School Board Association (VSBA) were minimal. A brief discussion ensued over policy statements that would align with the Scope of Nursing Practice and safety and best practice for over-the-counter medications. Several members voiced objects to students being allowed to self-carry, for example, difficulty in identify the medications a students is carry since the contents of a bottle can be changed. After the discussion, the board agreed to advise the School Board to change the policy to allow students grades 6 – 12 to be given Tylenol or Motrin according to a standing order that will be crafted by Dr. Sinha and a parent consent acknowledgement form. No other OTCs will be offered at the schools unless supplied by the students' parent/guardian. The accompanying regulations JHCD-R will be revised to reflect the recommendations.

The School Board requested a review Policy EBBA: First AID/CPR. The board was in agreement with the minor changes suggested by the VSBA to be accepted.

D. Bowers presented the report on the Teen Wellness Center (TWC). She reported that a new healthcare provider has been hired. D. Bowers reported on an upcoming open house for the TWC. B. Nowak suggested a joint open house with the WOW Bus.

B. Nowak provided the School Health report and a report presenting the added surveillance completed by the School Nurses and the AHD on Influenza. The report indicated that there were days at some of the schools where 22.2% of staff were out with flu-like illness. F. Brubaker recommended considering mandatory flu vaccines for staff with a

medical or religious opt out provision. The board recommended further discussion on this topic. B. Nowak will check with the state about whether the school board can mandate immunizations for staff.

B. Nowak reported on the WOW Bus. We have already surpassed the number of students seen and procedures completed this year as last year.

### **Chair's Report**

See above for summary of Scope of Work above.

### **Future Business**

SHAB elections for chairman

Recommendations for added health related KPIs for the strategic plan going beyond 2020

Presentation of the BMI report with AHD

Review of ACPS dashboard / AHD dashboard.

FLE curriculum review

Health related School Board policy review

Review mandatory flu vaccines for staff.

### **Adjournment**

The meeting adjourned at 5:45 PM.